

Let's Energizing Together!!

SPORTS AFTERNOON TEA SET

Available Every Saturday, Sunday & Public Holidays on 7 September - 24 November 2024 . 15:00 - 17:00

Ebb+flow
PÂTISSERIES + CAFÉ



Picture is for reference only 圖片只供參考

SAVORY 鹹點

Chicken & Ricotta Cheese Sandwich (High Protein) 雞肉芝士三文治

Sous-vide Chicken Breast + Green Apple + Rye Bread + Garden Cress

Poached Norwegian Salmon Vol-au-vents (Omega-3) 水煮挪威三文魚酥盒

Non-fat Plain Greek Yogurt + Salmon Roe + Lemon + Dill

Avocado Bruschetta (Fiber, Rich in Antioxidants) 牛油果多士

Tomato + Red Onion + Fresh Basil + Baguette

SWEET 甜點

Mini Whole Wheat Carrot & Cherry Cupcake (Fiber, Vitamins A) 全麥甘筍櫻桃迷你杯子蛋糕

Yuzu & White Chocolate Cream Tartlet (Essential Minerals/Healthy Fat, Vitamins C) 柚子白朱古力忌廉撻

Fresh Raspberry & Fromage Blanc Cup (Low Sugar, High Protein) 紅桑莓芝士忌廉杯

Basketball Macaron - Mandarin Orange & Ganache (High Protein, Vitamins C) 橘子及朱古力馬卡龍

Raisin Scone with Jam & Clotted Cream (Boost Energy) 提子英式鬆餅伴奶油及果醬

POWER-UP SMOOTHIES (Fiber, Lots of Vitamins, Digest, High Protein, Heart Health)

能量沙冰

Avocado + Banana + Soy Milk + Plain Yogurt + Honey + Oatmeal

or Coffee or TeaWG Tea 或咖啡或TeaWG精品茶

\$268 set for 1 person 每位 • \$468 set for 2 persons 兩位用



Prices are in Hong Kong Dollars and subject to a 10% service charge. 價錢為港幣另加一服務費